

Literaturliste

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Videos

Abenteuerwelt – Kurztrailer Dokumentarfilm über das Recht auf Risiko. Alpenvereinsjugend, 2019
<https://www.youtube.com/watch?v=h-75W9OOYvs>

The Land (2015) is a short documentary film about the nature of play, risk and hazard set in The Land, a Welsh "adventure" playground. At The Land children climb trees, light fires and use hammers and nails in a play-space rooted in the belief that kids are empowered when they learn to manage risks on their own. (22 minutes)
<http://playfreemovie.com/>

The Benefits of Risky Play

<https://www.youtube.com/watch?v=XRn1a82tdHM>

Ted X

Let kids take risks

Do children today live in environments that are too safe? What does having some level of risk mean for the development of the child? Have we become so risk-averse that children are now developing problems because of a risk-free environment? If so, what can we do, and what risks are "good risks"?

<http://www.tedxperth.org/let-kids-take-risks>

Online Tools

Outsideplay.ca

An online tool to help parents and caregivers gain the confidence to allow their kids to engage in more outdoor play.

<https://outsideplay.ca/>

The Build Your Best Day

The Build Your Best Day site is a fun, interactive and educational tool to help children and youth aged 5-17 and their parents learn about the Canadian 24-Hour Movement Guidelines. With tools and resources for educators and health professionals, the site helps kids understand how much Sweat, Step, Sleep and Sitting they need each day to be healthy.

<http://buildyourbestday.participaction.com/en-ca/>